COUNSELING PSYCHOLOGY (CPSY)

CPSY 5350 Crisis & Trauma Counseling (3)
Includes trauma theory, impact of trauma and loss on children, adolescents, adults, and families. Therapeutic considerations include assessment, diagnosis, treatment planning, and current treatment approaches. Consideration of vicarious trauma and self-care for counselors.
Requisite(s): Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 5771 Orientation to Counseling (1)
This course is an introduction to the profession of counseling. The course is designed to acquaint individuals who are preparing to enter the counseling profession with a broad overview of the profession¿s historical and theoretical foundations, as well as to begin the development of a professional identity. This course must be taken the first semester following matriculation. Prerequisite: graduate conditionally classified.
Requisite(s): Prerequisite: graduate conditionally classified.

CPSY 5772 Self-Care for Mental Health Professionals (1)
This course is designed to prepare individuals who are entering the counseling profession with information as it pertains to compassion fatigue, vicarious trauma, burnout, and self-care. The instructor will use historical information, peer-reviewed research, neurophysiological, philosophical, legal, ethical, and theoretical perspectives, with an emphasis on trauma work. Effects of the counseling profession on the professional will be examined through readings, written lecture, and recorded demonstrations. The purpose of this course is to enhance individuals¿ awareness of the primary methods of the development of compassion fatigue and/or vicarious trauma, as well as how to manage it during work in the counseling profession. The course will provide didactic and experiential learning opportunities, exploring the various theories and practical approaches to the treatment of compassion fatigue and vicarious trauma. The instructor will focus on research-supported counseling strategies and techniques, as well as the less empirical/tangible elements of this unique form of human encounter. Prerequisite: graduate conditionally classified.
Requisite(s): Prerequisite: graduate conditionally classified.
Typically Offered: Spring

CPSY 6110 Counseling Skills (3)
Interpersonal processes fundamental to the development of psychotherapeutic counseling strategies, with an emphasis on processes underlying verbal and nonverbal communication and the use of clinical skills applicable to interviewing, assessment, and intervention. Practice in simulated laboratory situations. Prerequisite: Admission to the MS in Counseling Psychology.
Requisite(s): Prerequisite: Admission to the MS in Counseling Psychology.

CPSY 6120 Psychopathology and Diagnostic Interviewing (3)
Examination of major types of psychopathology. Techniques of intake interviewing and determining mental status to formulate a differential diagnosis based upon the Diagnostic and Statistical Manual of Mental Disorders. Prerequisite: Admission to the MS in Counseling Psychology.
Requisite(s): Prerequisite: Admission to the MS in Counseling Psychology.

CPSY 6130 Adult and Family Development (3)
Exploration of the biological, psychological, and social developmental tasks and life events of the adult years from an individual, family, couple, and vocational perspective. Focus on sociocultural, gender and family issues salient to relationships, separation, nontraditional and blended families, and geropsychology. Issues of aging and long-term care are included. Prerequisite: Admission to the MS in Counseling Psychology.
Requisite(s): Prerequisite: Admission to the MS in Counseling Psychology.
Typically Offered: Spring

CPSY 6140 Clinical Ethics and Law (3)
This course focuses on contemporary professional law and ethics related to counseling practice. Professional codes of ethics (ACA, AAMFT/CAMFT, and APA) will be reviewed. California law that is relevant to the practice of counseling will be examined including goals and objectives of professional organizations, standards of training, licensure, and the rights and responsibilities of professional counselors. Case examples will be discussed. Prerequisite: Admission to the MS in Counseling Psychology.
Requisite(s): Prerequisite: Admission to the MS in Counseling Psychology.
Typically Offered: Spring

CPSY 6210 Research Methods in Counseling Psychology (3)
Methods and issues associated with the conduct and use of research concerning phenomena relevant to counseling psychology. Overview of hypothesis generation, research design, data collection and interpretation, and utilization of research findings in clinical practice. Prerequisite: Classified standing in the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Typically Offered: Spring Even Year

CPSY 6220 Psychological Testing (3)
Survey of assessment procedures applicable to MFT/PCC practice and their theoretical and applied characteristics. Consideration of the role of various kinds of assessment in typical clinical situations, as well as the impact of cultural orientation, age, and other client characteristics in ethically selecting and using assessment procedures. Prerequisite: Classified standing in the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Typically Offered: Spring Even Year

CPSY 6240 Cultural Intersectionality in Counseling (3)
Focus on the intersection and convergence of culture, race, ethnicity, gender, sexuality, disability, socioeconomic status, religion, acculturation, and chronological age. Attention also is given to issues of privilege, marginality, and oppression, including sexism, racism, classism, ableism, ageism, and heterosexism. Theoretical perspectives on multicultural counseling will be examined as well as strategies for intervention, advocacy, and promotion of social justice. Fulfills instruction in the areas of study specified in Business and Professions Code for LMFT and LPCC, Sections 4980.36 and 4999.33. Prerequisite: Classified standing in the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Typically Offered: Fall Even Year

CPSY 6250 Psychopharmacology (3)
Fulfills the California Board of Behavioral Sciences requirement for surveying the use of pharmacological agents in patient care. Mechanisms of action, indications for referral and monitoring, common interactions and iatrogenics will be introduced. Prerequisites: Classified Standing in the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Typically Offered: Fall Even Year

CPSY 6260 Addictions Counseling (3)
Fulfills the California Board of Behavioral Sciences requirement for surveying the treatment of substance-related and addiction disorders. This course focuses on understanding clinical issues related to addictions counseling and will address etiology, diagnosis, and treatment of addictions. Additional focus will be placed on developing understanding of recovery, co-occurring mental health issues, social and psychological implications of socioeconomic position, and cultural awareness and competencies. Prerequisites: Classified Standing in the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.

CPSY 6270 Career Development Counseling (3)
Focuses on the process of career development through the life span, including an emphasis on theory, resources and application, the interface between the individual and the work world, and the interactions of work and family. Special attention to adjustment to disability, and the role of contextual variables including gender, ethnicity, social class, sexual orientation and identity. Prerequisite: Classified standing in the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Typically Offered: Spring Even Year

CPSY 6280 Couple and Sexuality Counseling (3)
Focus on the couple relationship from intrapsychic, interpersonal, and systems perspectives. Emphasis on the dynamics of couple interaction through the adult lifespan, including such issues as gender, ethnicity, health discordance, desire discrepancy, monogamy, and fantasies. Special attention given to the relationship between issues of sexuality and intimate interpersonal relationships, as well as therapist dynamics in the therapeutic triad. Prerequisites: CPSY 6130, CPSY 6410 and Graduate Candidacy standing in the MS in Counseling Psychology.
Requisite(s): Prerequisite: CPSY 6130, 6410 and Graduate Candidacy standing in the MS in Counseling Psychology.
Typically Offered: Spring Odd Year

CPSY 6310 Theories of Individual Counseling (3)
Examination of several contemporary individual intervention approaches based on specific behavioral, cognitive, humanistic/experiential, and psychodynamic frameworks. Consideration of how each approach is used in clinical, school, and marriage and family counseling applications. Prerequisite: Admission to the MS in Counseling Psychology.
Requisite(s): Classified standing in the MS in Counseling Psychology.

CPSY 6360 Techniques of Individual Counseling (2)
Exploration of counseling skills used in supportive, insight-oriented, and process-oriented psychotherapies. Involvement in experiential activities designed to relate the observation, demonstration, and practice of psychotherapy to case formulation. Prerequisite: CPSY 6110, CPSY 6310 and admission to the MS in Counseling Psychology.
Requisite(s): Prerequisite: CPSY 6110, 6310 and admission to the MS in Counseling Psychology.
Typically Offered: Spring

CPSY 6410 Theories of Family Counseling (3)
Focus on major systemic and nonsystemic orientations in relationship, couples, and family counseling. Attention to the psychodynamics of relationships and transcultural family systems, communications theory, and the role of family of origin in individual and family functioning. Students will relate their own family dynamics to the literature. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.
Requisite(s): Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6420 Theory and Practice of Group Counseling (3)
Focus on the major approaches to group counseling and group therapy. Importance is given to developmental process and dynamics, leadership responsibilities and skills, and ethical and cultural considerations. Emphasis on small and large group processes and involvement in experiential activities designed to relate the clinical process to theoretical explanations. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.
Requisite(s): Prerequisite: Advancement to candidacy.
Typically Offered: Spring

CPSY 6430 Theories and Techniques of Developmental Counseling with Children and Adolescents (3)
Focus on the major approaches to therapeutic interventions with children and adolescents. Attention to developmental issues and tasks necessary for competent counseling with children and adolescents, including biological, psychosocial, social and cultural processes that influence or disrupt normal development. Focus on the development of clinical skills necessary for effective preventive, therapeutic and consultative interventions with and related to children and adolescents. Laboratory experiences will be provided through observation, demonstration, and/or practice. Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology.
Requisite(s): Prerequisite: Classified or Candidate Standing in the MS in Counseling Psychology.

CPSY 6460 Techniques of Group and Family Counseling (3)
Focus on the development of clinical skills necessary for effective group, family, and relationship counseling. Importance is given to process dynamics, leadership responsibilities and expertise, and ethical and cultural considerations. Involvement in experiential activities designed to relate observation, demonstration and practice to theoretical explanations. Prerequisites: CPSY 6410, CPSY 6420, and Graduate Candidacy standing in the MS in Counseling Psychology.
Requisite(s): Prerequisites: CPSY 6410, CPSY 6420, and Graduate Candidacy standing in the MS in Counseling Psychology.

CPSY 6770 Special Topics in Counseling Psychology (1-3)
An examination of issues in counseling psychology serving to introduce students to the profession of counseling as well as special topics surrounding counselor self-care. Prerequisites will vary depending on course content.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Repeatable for Credit: Yes, up to 3 units

CPSY 6810 Practicum I (2)
A supervised clinical practicum within the scope and practice of a Marriage and Family Therapist or Professional Clinical Counselor. Application of counseling procedures, with a focus on assessment, diagnosis, prognosis, and treatment of familial and relationship dysfunctions. Also covered will be issues of development, adjustment, and maladjustment, and health and wellness promotion. Counts toward the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.43, a-d; and 4999.33-36). Limited to 6 students per section.
Requisite(s): Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology, background check, and professional liability insurance, and successful completion of first year coursework.

CPSY 6820 Practicum II (2)
A continuation of CPSY 6810. A supervised clinical practicum within the scope and practice of a Marriage and Family Therapist or Professional Clinical Counselor. Application of counseling procedures, with a focus on assessment, diagnosis, prognosis, and treatment of familial and relationship dysfunctions. Also covered will be issues of development, adjustment, and maladjustment, and health and wellness promotion. Counts toward the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.43, a-d; and 4999.3336). Limited to 6 students per section.
Requisite(s): Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology, CPSY 6810, background check, professional liability insurance, and successful completion of first year coursework.
Typically Offered: Spring

CPSY 6910 Traineeship I (3)
A supervised clinical practicum in settings designed to facilitate the professional goals of the trainee within the scope and practice of a Marriage and Family Therapist or a Professional Clinical Counselor. Advanced experience in assessment, professional writing, application of theory, use of community resources, and treatment, including trauma and prevention. [Business and Professions Code, Chapter 1054, Section 4980.36 (d-e); and 4999.33 (d,6)]. Counts towards the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.03 (h), 4980.36 and 4980.43, a-d; and 4999.33-36).
Requisite(s): Prerequisites: Graduate Candidacy standing in the MS in Counseling Psychology, CPSY 6820, professional liability insurance, placement in an approved setting, and successful completion of second year coursework.

CPSY 6920 Traineeship II (3)
A continuation of CPSY 6910. Counts towards the MFT/PCC practicum requirement. A focus on systems and aspects of care for the severely mentally ill and collaborative treatment [Business and Professions Code, Chapter 1054, Section 4980.36 (d-e); and 4999.33 (d,6)]. Counts towards the MFT/PCC practicum requirement (Business and Professions Code, Chapter 1054, Section 4980.03 (h), 4980.36 and 4980.43, a-d; and 4999.33-36).
Requisite(s): Prerequisite: Graduate Candidacy standing in the MS in Counseling Psychology, CPSY 6910, professional liability insurance, and placement in an approved setting, and successful completion of second year coursework.
Typically Offered: Spring

CPSY 6970 Counseling Psychology Master's Examination (1)
Comprehensive examination as the culminating activity in the MS in Counseling Psychology program. Offered on a credit, no-credit basis only. Prerequisite: graduate candidate standing in the MS in Counseling Psychology Program and approval of the Program Coordinator.
Requisite(s): Prerequisite: graduate candidate standing in the MS in Counseling Psychology Program and approval of the Program Coordinator.

CPSY 6980 Clinical Extension (1-3)
Additional supervised clinical experience for students requiring more than two semesters to complete the required hours for Practica or for Traineeships. May be repeated for credit. Does not count toward requirements for the MS in Counseling Psychology. Offered on a credit, no-credit basis only. Requires approval by the sponsoring faculty member and the CPSY Program Coordinator.
Repeatable for Credit: Yes, up to 3 units

CPSY 6990 Independent Graduate Study (1-3)
Individual supervision of counseling or investigation of an approved project leading to a written report. May be repeated for credit. Offered on a credit, no-credit basis only. Requires a petition for individual study approved by the sponsoring faculty member and the CPSY Program Coordinator.
Requisite(s): Classified standing in the MS in Counseling Psychology.
Repeatable for Credit: Yes, up to 3 units

CPSY 7000 Continuous Enrollment (0)
Graduate students who have completed the majority of their coursework but have not completed their culminating experience or thesis may enroll in this 0-unit course for the purpose of maintaining continuous enrollment.
Requisite(s): Approval of the Program Coordinator
Repeatable for Credit: Yes, up to 0 units
Typically Offered: To Be Determined