

HUMAN DEVELOPMENT AND FAMILY STUDIES, BA

Social Sciences and Education (sse) (<https://catalog.csub.edu/general-information/csub-information/school-social-sciences-education/>)

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www.csub.edu/cafs/ (<http://www.csub.edu/cafs/>)

Program Maps for Social Sciences and Education (<https://programmmap.csub.edu/academics/interest-clusters/a94a03c6-bc7d-471f-b602-cfefa852c1aa/>)

Disclaimer: Due to substantial changes in credential legislation and degree programs in the State of California, please check with an official [Human Development](#) and Family [Sciences \(HDFS\)](#) advisor for current information.

Program Description

The Bachelor of Arts degree in Human Development and Family Sciences (HDFS) at California State University, Bakersfield provides breadth and depth in the scientific study of child, adolescent, and adult developmental domains. The program focuses on the biological, cognitive, psychological, and sociological foundations of learning from infant development, through adolescent growth, and adult behavior. The program design is based on contemporary learning theories, application of ethics and values, research methods and diverse family systems/approaches, with practical applications in disciplines that require direct interaction with children and families.

Mission Statement

The Human Development and Family Studies (HDFS) program offers learners specialized knowledge that enhances their skills and abilities to work and advocate in partnerships that foster healthy children, supportive family networks, and interactive community relationships. A social constructivist approach to learning is reinforced in the academic activities that result in superior educational preparation for teachers, parents, and community professionals. The mission of the program is to develop well prepared, highly skilled individuals who can envision, interact, and respond to the needs of diverse populations within the local, regional, national, and global community.

Program Requirements

The Bachelor of Arts Degree with a major in Human Development and Family Sciences (HDFS) requires a minimum of 120 units which consists of courses for the HDFS major as well as other university-wide general education graduation requirements. Students pursuing a HDFS major must complete the pre-requisite classes CAFS 1100 Introduction to Child, Adolescent & Family Studies, CAFS 2000 Fundamentals in Developmental Theory, and MATH 1209 Statistics in the Modern World or PSYC 2018 Introduction to Statistical Methods in Psychological Research or SOC 2208 Introduction to Statistics in the Social Sciences or KINE 2018 Introduction to Statistics for Health Sciences which is part of the General

Education Requirements. The HDFS major course requirements consist of 51 units. Students will need to complete 21 additional units (courses may be Minor courses or graduate school prerequisites) to earn the required credit units needed for graduation. All HDFS majors must hold a current certificate in First Aid and Adult, Child, and Infant CPR upon graduation. Students are expected to maintain a grade of "C-" or higher in all HDFS courses to count towards graduation.

Code	Title	Units
General Education Requirements		
Subject Area 1A: English Composition		3
Subject Area 1B: Critical Thinking		3
Subject Area 1C: Oral Communication		3
Subject Area 2: Mathematical Concepts & Quantitative Reasoning ⁴		0
Subject Area 3A: Arts		3
Subject Area 3B: Humanities		3
Upper Division 3 Arts or Humanities: (3UD)		3
Subject Area 4: Social and Behavioral Sciences		3
Upper Division 4 Social and Behavioral Sciences: (4UD) ⁴		0
Subject Area 5A: Physical Science		3
Subject Area 5B: Biological Sciences		3
Subject Area 5C: Laboratory		1
Upper Division 5 Science: (5UD)		3
Subject Area 6: Ethnic Studies		3
General Education Subtotal		34
Campus Requirements		
First-Year Seminar (FYS)		2
American Institutions: Government ⁶		3
American Institutions: History		3
Junior Year Diversity & Reflection (JYDR)		3
Graduation Writing Assessment Requirement (GWAR)		3
Capstone ⁵		0
Campus Requirement Subtotal		14
Major Requirements		
<i>Prerequisites to the Major</i>		
CAFS 1100	Introduction to Child, Adolescent & Family Studies	3
CAFS 2000	Fundamentals in Developmental Theory	3
MATH 1209	Statistics in the Modern World	3
or PSYC 2018	Introduction to Statistical Methods in Psychological Research	
or SOC 2208	Introduction to Statistics in the Social Sciences	
or KINE 2018	Introduction to Statistics for Health Sciences	
<i>Core Courses</i>		
CAFS 2080	Child, Family, and Community	3
CAFS 2500	Child Health, Safety, and Nutrition	3
CAFS 3110	Infant and Toddler Development	3
CAFS 3140	School Aged and Adolescent	3
CAFS 3500	Child Guidance, Supervision and Support	3
CAFS 4000	Introduction to Research Methods	3
CAFS 4100	Research, Assessment and Evaluation of Children and Families	3
CAFS 4908	Senior Seminar and Capstone	3
CAFS 3800	Multiple Perspectives on the Importance of Play	3
or CAFS 3550	Adulthood and Aging	

CAFS 3650	Risk and Resilience in Children	3
or CAFS 3560	Aging and the Family	
<i>Major Electives</i>		
Select two lower division of the following: ¹		6
CAFS 1050	Practicum in Early Childhood Education	
CAFS 1250	Teaching in a Diverse Society	
CAFS 2100	Observation of Children	
CAFS 2200	Curriculum, Procedures, and Laboratory Experience for the Child	
CAFS 2300	Curriculum, Procedures, and Laboratory Experience in the Elementary School	
CAFS 2400	Introduction to Administration of Child and Family Programs	
CAFS 2620	Philosophy for Children	
CAFS 2800	Multicultural Children's Literature	
Select two upper division of the following: ²		6
CAFS 3200	Individual and Family Development in Diverse Cultures	
CAFS 3300	Supporting Multilingual Learners: Context and Approaches	
CAFS 3600	Parenting and Family Relations	
CAFS 3620	P4C: Practicum	
CAFS 4140	Advanced Practicum	
CAFS 4200	Advanced Techniques for Working in Child and Family Programs	
CAFS 4300	School, Community, and Family Collaborations	
CAFS 4400	Advanced Practicum for Adult Education and Supervision	
<i>Major Subtotal</i>		<i>51</i>
Additional Units Needed Towards Graduation ³		21
Total Units		120

¹ Select two lower division courses.

² Select two upper division courses

³ Additional units needed to meet the 120 units graduation requirement.

⁴ Subject Area 2 is met through prerequisite coursework in the major.

⁵ Capstone is covered in the major.

⁶ American Institution - Government (American & Constitutional Ideals) satisfies one course of the two required in Subject Area 4.

Note: The following 3 courses are needed to meet the core requirements for CCTC Child Development Master Teacher Permit.

Code	Title	Units
The following 3 Courses are needed to meet the core requirements for the CCTC Child Development Masters Teacher Permit		
CAFS 2000	Fundamentals in Developmental Theory	3
CAFS 2080	Child, Family, and Community	3
CAFS 2200	Curriculum, Procedures, and Laboratory Experience for the Child	3
Total Units		9